



BURRELL HIGH SCHOOL MENU



SEPTEMBER 2019

Lunch \$2.70 **Reduced**
\$.40 Adult \$3.85

New Menu Items
Shown in Bold Red

Breakfast \$1.35
Reduced \$.30 Adult \$2.00

Daily Alternates

- * Cheeseburger
- * Spicy or Regular Chicken Patty
- * Yogurt Basket
- * PB & J Uncrustable
- * Deli Wraps & Hoagies
- * Assorted Salads

Daily Pizza Offerings

M/W/F: Big Daddy's Pizza
T/Th: Personal Pan Pizza

Daily Milk Choices Are White, Chocolate, Vanilla, & Strawberry
All Milk Choices....\$.55

Daily fresh vegetable choices:

Carrot Sticks, Broccoli Florets, Cucumber Slices, Celery, and Tossed Salad

Fresh Fruit choices include:

Apple slices, Whole Apples, Oranges, Bananas, & Grapes
Canned & Frozen Fruit:

Mandarin Oranges, Applesauce, Peaches, Pears, Pineapple Tidbits & Strawberries
Assorted 100% juice

menu subject to change due to availability of foods

BSD is an equal opportunity provider.

Food Service Director
724-334-1412

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>9/2/2019</u>	<u>9/3/2019</u>	<u>9/4/2019</u>	<u>9/5/2019</u>	<u>9/6/2019</u>
SCHOOL'S CLOSED	Featured Breakfast: Jumbo Banana Nut Muffin	Featured Breakfast: Sliced Lemon Loaf	Featured Breakfast: Jumbo Blueberry Muffin	Featured Breakfast: Dunkin Sticks
	Lunch: Corn Dog w/ Tiny Twist Pretzels Steamed Carrots	Lunch: "Pittsburgher" w/ Fries, Cheese, & Cole Slaw Baked Beans	Lunch: Chicken Wings w/ Cornbread Muffin Flat Curly Fries	Lunch: Sicilian Style Pizza Garlicky Broccoli
	<u>9/9/2019</u>	<u>9/10/2019</u>	<u>9/12/2019</u>	<u>9/13/2019</u>
Featured Breakfast: French Toast Sticks	Featured Breakfast: Sausage Griddle Sandwich	Featured Breakfast: Breakfast Pizza	Featured Breakfast: Bacon, Egg, & Cheese Wrap	Featured Breakfast: Donut Sandwich
Lunch: Wild Mike's Cheese Pocket Crunchy Chick Peas	Lunch: Walking Taco w/Beef&Cheese Sweet Apple Churro Refried Beans	Lunch: Teriyaki Beef Bowl w/ Fried Rice & Egg Roll Green Beans	Lunch: BUC BOWL Popcorn Chicken w/ Whipped Potatoes, Gravy, Corn, Cheese, & a Roll	Lunch: Combo Italiano Breaded Ravioli & Mozzarella Sticks w/Sauce Garlicky Broccoli
<u>9/16/2019</u>	<u>9/17/2019</u>	<u>9/18/2019</u>	<u>9/19/2019</u>	<u>9/20/2019</u>
Featured Breakfast: French Toast Sticks	Featured Breakfast: Sausage Griddle Sandwich	Featured Breakfast: Breakfast Pizza	Featured Breakfast: Bacon, Egg, & Cheese Wrap	Featured Breakfast: Donut Sandwich
Lunch: Chicken Quesadilla w/ Salsa & Sour Cream Baked Beans	Lunch: Loaded Fries w/ Cheese, Pulled Pork & a Roll Carrot Coins	Lunch: Bavarian Burger w/Cheese on Pretzel Bun French Fries	Lunch: General Tso Chicken w/Fried Rice & a Roll Oriental Vegetables	Lunch: Hand Rolled Pepperoni Stromboli w/ Sauce Garlicky Broccoli
<u>9/23/2019</u>	<u>9/24/2019</u>	<u>9/25/2019</u>	<u>9/26/2019</u>	<u>9/27/2019</u>
Featured Breakfast: French Toast Sticks	Featured Breakfast: Sausage Griddle Sandwich	Featured Breakfast: Breakfast Pizza	Featured Breakfast: Bacon, Egg, & Cheese Wrap	Featured Breakfast: Waffles
Lunch: Goldkist Premium Chicken Tenders w/a Roll Seasoned Potato Wedges	Lunch: Nachos Supreme w/ Taco Beef & Cheese Mexican Chick Peas	Lunch: Cheese Calzone w/ Marinara Sauce Green Beans	Lunch: BUC BOWL Popcorn Chicken w/ Whipped Potatoes, Gravy, Corn, Cheese, & a Roll	Brunch: Croissant Sandwich w/Egg, Cheese, & Bacon or Sausage Hash Browns
<u>9/30/2019</u>	<u>WHAT MAKES A SCHOOL BREAKFAST??</u> Students must choose at least 3 items to obtain the school breakfast price. One of the items must be fruit! Choice of Assorted Whole Grains & Breads, Choice of Fruits including 100% Fruit Juice, Choice of Milk		<u>PLEASE NOTE:</u> *Parents please remember that a new FREE/REDUCED price meal application must be submitted at the start of each school year if you have not received an approval letter yet this school year.	<u>WHAT MAKES A SCHOOL LUNCH??</u> Students must choose 3 of the 5 components to obtain the school lunch price. One of which must be a fruit or vegetable! Component Categories: Grains & Bread Meat/ Meat Alternate Fruit Milk Vegetable